



Livingsprings

Accommodation | Functions | Events | Outdoors

*Programmes Available
at Living Springs*

Primary Schools



Most of these programmes are run by Living Springs' staff with the help of teachers and parents. In the case of adverse weather conditions some of the programmes will not be available or you can choose a shorter wet weather version, as indicated.

History Walk & Talk in

Utilising the panoramic views from either the camp or the summit road, we take a look at the Maori and colonial history of the Summit Road and Lyttelton Harbour Area. A great way to start your school camp is to walk in to Living Springs from the Sign of the Bellbird. Adequate footwear and clothing are a must. A 2-hour walk suitable for all ages. A friendly Living Springs staff member will meet you there, walk with your group and share the history.



Bush Walk

A superbly guided bush walk identifying plant and bird life in their natural habitat, and including a talk on plants, their growth, uses and traditional history. (Approx. 1½ hours.) Wet weather indoor study is available. Living Springs staff will guide your group through the walk and share the information.



Initiatives Course

Set amongst native bush, this course is designed to test the mind & body and develop the art of cooperation. The children are best to work in groups of 10. (Approx. 1½ hours.) Wet weather option is available. A Living Springs staff member will accompany your group, brief the students and guide the groups' through the challenges with assistance from your adults.



Low Ropes

LS low ropes course is brand new and suitable for all ages. Low Ropes is about a 10 minute walk from the main camp set amongst native bush. It has a series of elements to test the mind and motor skills and has a huge emphasis on team work. A must do for all! Approx 1 ½ - 2 hours.



Farm Park

A comprehensive look at farming today conducted from our farm on the Living Springs property and includes a picnic lunch. Children can touch and feed the animals, view a shearing and milking demonstration, take a led pony or horse ride, cheer for your favourite sheep in the sheep racing, crack the stock whips, throw a lasso and feed the lambs. We also have horse trekking available over the 1100 acre property. Suitable for wet weather.



Air Rifles/ Archery

LS has just reopened its new archery/ air rifles range. This caters for easy and intermediate levels. It involves utilising eye to hand coordination and is beneficial for all ages and groups. Approx 1 ½



Camp Fire

Remember the good ol' days of sitting around the campfire? Crackling fire, toasting marshmallows, shooting stars, singing songs... relive those days. Cost includes: Marshmallows, wood, kindling, matches, roasting sticks and hot chocolate with supper back at camp.



Bush Tent out!

Take a night out of your camp to 'Go bush' and tent out in our new Bush Camp. A great introduction to tenting for students and we've made it easy for the teachers. We supply the tents and bedrolls and assist you in setting them up and packing them down. We've got an easy menu for your dinner and a great natural environment for the children. This programme includes the 'Camp fire'. And best of all, if the weather turns too bad, you can head back to camp. The area has a great shelter for your camp concert too. Also includes overnight supervision of night activities including dinner/breakfast by an experienced instructor



Conservation

We work with all groups to encourage conservation as an integral part of learning outdoors. We focus on protecting the land, using pest control and identifying plant and bird species. At Living Springs we have also have a practical bush recovery programme. Approx 1 ½ - 2 hrs.

Outdoor Living Skills

As New Zealanders it is beneficial to have a basic knowledge of the NZ wilderness. This covers a general understanding of the basic skills needed to be safe in the outdoors. This is valuable learning through promoting outdoor living skills and safety awareness. This activity is suitable for wet weather. Approx 1 ½ - 2 hours.



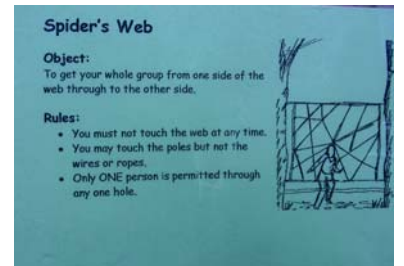
Geology Study (Improved)

A multimedia study of Volcanoes that will stimulate and educate students on the main types of volcanoes. An interactive approach is taken to ensure that children will engage in the information and have fun at the same time. As Living Springs is located inside the Lyttelton volcano it makes it all feel 'closer to home' (Approx. 1 hour.) Suitable for wet weather.



Animal Survival Game

A great, fun game designed to teach children about the "food chain" and animal hierarchy in terms of survival. An outdoor physical game with the children acting as herbivores and carnivores in search for food and water while trying to stay alive for the duration of the game. (For 30 – 80 players) (Approx 2 hours). Living Springs staff will communicate the necessary information to your group and get them underway.



Orienteering

Living Springs has been mapped for orienteering. We have set a basic yet challenging outdoor course that tests map reading skills and teamwork. A Living Springs staff member will communicate the necessary information to your group and get them underway.



Burma Trail

A blindfold activity where students get led into the bush and have to follow their way along a rope trail. This encourages students to help each other out and to develop trust. This is suitable for any group and there are multiple Burma Trails for all skill levels at LS. Note: this activity is self supervised.



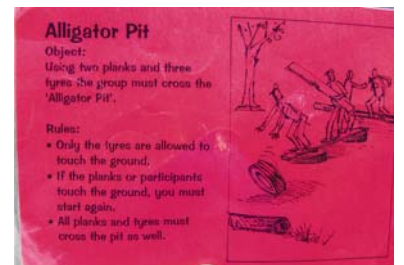
Star Gazing

Identifying Stars and an understanding of astrology. This activity is limited to the night sky and is weather dependent. This activity is suitable all school students. Approx 1 hour.



ABL – (Adventure Based Learning)

LS has some great learning resources which are utilised within activities focusing on team involvement and leadership. ABL is suited to all groups. ABL can be indoors and outdoors and is suitable for wet weather. Approx 1 ½ - 2 hours



Flying Kiwi – LS operate this activity at base.

Flying Kiwi is a fantastic and fun group activity which involves everyone and is excellent for becoming confident with heights. This activity is suitable for age 9 and upwards. Approx 1 ½ - 2 hours.



Rock Climbing

LS has multiple climbing sites on their property that cater for all ages from year 5 upwards. This includes abseiling sites with multiple grades for beginners through to experienced. We are also able to run climbing courses. No prior climbing experience is required. Approx 3 – 4 hours.



Abseiling

LS has two abseil sites, one 5 metres and one 20 metres. This activity is most effective with small groups. Abseiling is a great activity where students have to learn to trust the equipment and instructors and believe in themselves. Great for students to challenge themselves on various levels, developing faith and confidence in their own abilities. This creates a good team atmosphere when a group is supportive and encouraging. Also includes some instruction and learning about the equipment and teaching progressions. Approx 3 hours.



Tubing/ Canadian Canoeing

We have access to Canadian Canoes x4 that we can use for our School programmes. This activity takes place in Lyttelton Harbour (Cass Bay). Activities on the water include relays, races, building catamarans and going for an expedition (and sailing if the wind comes up). Benefits are increased water skills, communication and problem solving skills, all done in a safe, learning environment.

Mountain Biking

There are mountain biking tracks around the property that are available for use on request. This is not a supervised activity and is entered upon at the riders own risk. Tracks run from the Summit Road down to the Allandale flats.

Waterwatch

Staffed by Lincoln University, this programme is a hands-on Water Quality Monitoring and Assessment kit. The active field study is designed specifically for schools that are on camp at Living Springs and can be adapted for use as a wet weather programme. It is ideally suited for groups of 20. (Approx. 1½-2 hours.)

The Allandale Mudflats

A detailed handbook and slide presentation study of the Allandale Mudflats (45 minutes walk from camp) prepared by a Department of Education Science Advisor. This programme is not staffed by Living Springs. (Approx. 2 hours.)



Heated Indoor Swimming Pool (9am – 5pm)

- Great fun for all ages including basketball hoop for games
- Toddler pool available

Recreational Activities

All activities require adult supervision by teachers and parents.

Activities:

- 18 Hole Mini Golf
- Monorail
- Tennis Courts (tennis racquets available from the office)
- Playground (8 years and under only)
- Slide
- Flying Fox
- Go-Kart (minimum 30 Persons)



Instruction will be given to adult helpers, in the use of all these activities. All programmes and activities must be set into your prearranged programme. Recreational Activities may be done in the evenings, but may have to be shared with other groups.

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